Trika Mahasiddha Yoga





Kriyā Yoga puts you in direct contact with the channels of your subtle body, the cakras, the bindus, the winds (vayus) and the elements.

z It's an engine that powers the visualizations and mantras (of deity yoga) and manifests their experience in your space-time continuum.

kriyā Yoga is also practiced as an autonomous spiritual technology of liberation. In this case, Swami Rudrānanda's system is an excellent practice of inner alchemy capable of transforming all limiting conditioning when combined with pure motivation and a heart of devotion.

atma.yoga@gmx.fr/FBAtmaYoga

The town's name is Vagney, situated in Vosges mountain, France. In the town center (salle polyvalente) <a href="https://maps.app.goo.gl/ZgqDekKNbumjZQMR6">https://maps.app.goo.gl/ZgqDekKNbumjZQMR6</a>

Closest train station: Remiremont. Airport: Basel, Zurich, Paris.

•It will take place from May 8th to May 12th

May 8th > 2PM-5PM

9th to 12th > 8:30-12 & 2PM-5PM

- •Price: 440€ for the course.
- •There will be a space to eat picnic at lunch, with toilets and bathrooms onsite. Supermarkets, restaurants, take aways and all facilities are available at walking distance for the lunch break.
- •Accomodation: <u>Home \* Camping du Mettey dans les Vosges</u> <u>Airbnb | Vagney · Locations</u> <u>de vacances et logements Grand Est</u> / A pick-up service can be organized.
- •Swami Rudrananda is a stand alone system of purification and an attuning fork to balance our system and "plug" it into cosmic influences, so there are no prerequisites but of course, the more steady the practionner is, the more easily the fruit of the practice appears.

Please contact me if you need any further details,

Greetings, sarva mangalam, Guhyahrdayamani Yogini / Elodie for TMY WHATSAPP: +33607266147 FB Atma Yoga / IG: trikaya\_dharma

Please send the reservation fee (240€) before March 31th, and the full amount before the start of the course at:

Association Atma Yoga / 3 route de Crosery / 88120 VAGNEY

IBAN (International Bank Account Number) FR76 1470 7000 6132 1210 8680 804 BIC (Bank Identification Code) CCBPFRPPMTZ